

HORARIO de actividades dirigidas

Centro

Horario Completo

HORA	LUNES	MARTES	MIÉRCOLES	JUEVES	VIERNES	SÁBADO	DOMINGO
07:00	CICLO INFINITY VIR 07:30 - 08:20 - ST2	CICLO INFINITY VIR 07:30 - 08:20 - ST2	CICLO INFINITY VIR 07:30 - 08:20 - ST2	CICLO INFINITY VIR 07:30 - 08:20 - ST2	CICLO INFINITY VIR 07:30 - 08:20 - ST2		
08:00	PILATES 08:00 - 08:50 - ST1	B.PUMP 08:00 - 08:50 - ST1	PILATES 08:00 - 08:50 - ST1	B.PUMP VIRTUAL 08:00 - 08:50 - ST1	LM CORE VIRT. 08:00 - 08:45 - ST1		
09:00	CICLO INFINITY VIR 08:30 - 09:20 - ST2	CICLO INFINITY VIR 08:30 - 09:20 - ST2	CICLO INFINITY VIR 08:30 - 09:20 - ST2	CICLO INFINITY VIR 08:30 - 09:20 - ST2	CICLO INFINITY VIR 08:30 - 09:20 - ST2		
09:00	B. COMBAT VIRTUAL 09:00 - 09:50 - ST1	LM CORE VIRT. 09:00 - 09:45 - ST1	B. COMBAT VIRTUAL 09:00 - 09:50 - ST1	B.BALANCE VIRT 09:00 - 09:50 - ST1	B. COMBAT VIRTUAL 09:00 - 09:50 - ST1	B.PUMP VIRTUAL 09:30 - 10:20 - ST1	B. COMBAT VIRTUAL 09:30 - 10:20 - ST1
09:00	CICLO INFINITY VIR 09:30 - 10:20 - ST2	CICLO INFINITY VIR 09:30 - 10:20 - ST2	CICLO INFINITY VIR 09:30 - 10:20 - ST2	CICLO INFINITY VIR 09:30 - 10:20 - ST2	CICLO INFINITY VIR 09:30 - 10:20 - ST2	CICLO INFINITY VIR 09:30 - 10:20 - ST2	CICLO INFINITY VIR 09:30 - 10:20 - ST2
10:00	B.PUMP 10:30 - 11:20 - ST1	B.BALANCE 10:30 - 11:20 - ST1	B.PUMP 10:30 - 11:20 - ST1	CORE 10:30 - 11:00 - ST1	B.PUMP VIRTUAL 10:30 - 11:20 - ST1	B. COMBAT VIRTUAL 10:30 - 11:20 - ST1	B.PUMP VIRTUAL 10:30 - 11:20 - ST1
10:00		CICLO INFINITY VIR 10:30 - 11:20 - ST2	CICLO INFINITY VIR 10:30 - 11:20 - ST2		CICLO INFINITY VIR 10:30 - 11:20 - ST2	CICLO INFINITY VIR 10:30 - 11:20 - ST2	CICLO INFINITY VIR 10:30 - 11:20 - ST2
11:00	B.BALANCE VIRT 11:30 - 12:20 - ST1	B.COMBAT 11:30 - 12:20 - ST1	B.BALANCE 11:30 - 12:20 - ST1	B.ATTACK 30 11:00 - 11:30 - ST1	ZUMBA 11:30 - 12:20 - ST1	LM CORE VIRT. 11:30 - 12:20 - ST1	LM CORE VIRT. 11:30 - 12:20 - ST1
11:00	CICLO INFINITY 11:30 - 12:20 - ST2			CICLO INFINITY 11:30 - 12:20 - ST2			
12:00	AQUA GYM 12:30 - 13:20 - AQA	AQUA GYM 12:30 - 13:20 - AQA	AQUA GYM 12:30 - 13:20 - AQA	AQUA GYM 12:30 - 13:20 - AQA	AQUA GYM 12:30 - 13:20 - AQA	AQUA GYM 12:30 - 13:20 - AQA	AQUA GYM 12:00 - 12:50 - AQA
12:00	CICLO INFINITY VIR 12:30 - 13:20 - ST2	CICLO INFINITY VIR 12:30 - 13:20 - ST2	CICLO INFINITY VIR 12:30 - 13:20 - ST2	CICLO INFINITY VIR 12:30 - 13:20 - ST2	CICLO INFINITY VIR 12:30 - 13:20 - ST2	B.PUMP VIRTUAL 12:30 - 13:20 - ST1	B.PUMP VIRTUAL 12:30 - 13:20 - ST1
12:00						CICLO INFINITY VIR 12:30 - 13:20 - ST2	CICLO INFINITY VIR 12:30 - 13:20 - ST2
13:00	CICLO INFINITY VIR 13:30 - 14:20 - ST2	CICLO INFINITY VIR 13:30 - 14:20 - ST2	CICLO INFINITY 13:30 - 14:20 - ST2	CICLO INFINITY VIR 13:30 - 14:20 - ST2	CICLO INFINITY VIR 13:30 - 14:20 - ST2		
13:00		B.PUMP 13:45 - 14:35 - ST1					
14:00	CICLO INFINITY VIR 14:30 - 15:20 - ST2	CICLO INFINITY VIR 14:30 - 15:20 - ST2	CICLO INFINITY VIR 14:30 - 15:20 - ST2	CICLO INFINITY VIR 14:30 - 15:20 - ST2	CICLO INFINITY VIR 14:30 - 15:20 - ST2		
15:00	B.PUMP VIRTUAL 15:00 - 15:50 - ST1	B. COMBAT VIRTUAL 15:00 - 15:50 - ST1	B.PUMP VIRTUAL 15:00 - 15:50 - ST1	B. COMBAT VIRTUAL 15:00 - 15:50 - ST1	B.PUMP VIRTUAL 15:00 - 15:50 - ST1		
15:00	CICLO INFINITY VIR 15:30 - 16:20 - ST2	CICLO INFINITY VIR 15:30 - 16:20 - ST2	CICLO INFINITY VIR 15:30 - 16:20 - ST2	CICLO INFINITY VIR 15:30 - 16:20 - ST2	CICLO INFINITY VIR 15:30 - 16:20 - ST2		
16:00	B. COMBAT VIRTUAL 16:00 - 16:50 - ST1	PUMP VIRTUAL 16:00 - 16:50 - ST1	B. COMBAT VIRTUAL 16:00 - 16:50 - ST1	PUMP VIRTUAL 16:00 - 16:50 - ST1	B. COMBAT VIRTUAL 16:00 - 16:50 - ST1		
16:00	CICLO INFINITY VIR 16:30 - 17:20 - ST2	CICLO INFINITY VIR 16:30 - 17:20 - ST2	CICLO INFINITY VIR 16:30 - 17:20 - ST2	CICLO INFINITY VIR 16:30 - 17:20 - ST2	CICLO INFINITY VIR 16:30 - 17:20 - ST2		
17:00	B.PUMP VIRTUAL 17:00 - 17:50 - ST1	LM CORE VIRT. 17:00 - 17:50 - ST1	B.PUMP VIRTUAL 17:00 - 17:50 - ST1	LM CORE VIRT. 17:00 - 17:50 - ST1	B.PUMP VIRTUAL 17:00 - 17:50 - ST1		
17:00	CICLO INFINITY VIR 17:30 - 18:20 - ST2	CICLO INFINITY VIR 17:30 - 18:20 - ST2	CICLO INFINITY VIR 17:30 - 18:20 - ST2	CICLO INFINITY VIR 17:30 - 18:20 - ST2	CICLO INFINITY VIR 17:30 - 18:20 - ST2		
18:00	B.ATTACK 18:00 - 18:50 - ST1	B.BALANCE 18:00 - 18:50 - ST1	ZUMBA 18:00 - 18:50 - ST1	B.PUMP 18:00 - 18:50 - ST1	B.BALANCE VIRT 18:00 - 18:50 - ST1		
18:00				CICLO INFINITY VIR 18:30 - 19:20 - ST2	CICLO INFINITY VIR 18:30 - 19:20 - ST2		
19:00	AQUA GYM 19:00 - 19:50 - AQA	AQUA GYM 19:00 - 19:50 - AQA	AQUA GYM 19:00 - 19:50 - AQA	AQUA GYM 19:00 - 19:50 - AQA	B.PUMP 19:00 - 19:50 - ST1		
19:00	CICLO INFINITY 19:00 - 19:50 - ST2	B.COMBAT 19:00 - 19:50 - ST1	PILATES 19:00 - 19:50 - ST1	CORE 19:00 - 19:30 - ST1			
19:00		CICLO INFINITY 19:00 - 19:50 - ST2	CICLO INFINITY 19:30 - 20:20 - ST2	HIIT 19:30 - 20:00 - ST1			

HORARIO de actividades dirigidas

Centro

YO10
sportclub

HORA	LUNES	MARTES	MIÉRCOLES	JUEVES	VIERNES	SÁBADO	DOMINGO
20:00	B.PUMP 20:00 - 20:50 - ST1	ZUMBA 20:00 - 20:50 - ST1	B.COMBAT 20:00 - 20:50 - ST1	CICLO INFINITY 20:30 - 21:20 - ST2	CICLO INFINITY 20:00 - 20:50 - ST2		
	CICLO INFINITY 20:30 - 21:20 - ST2	CICLO INFINITY 20:30 - 21:20 - ST2					
21:00	B. COMBAT VIRTUAL 21:00 - 21:50 - ST1	B.PUMP VIRTUAL 21:00 - 21:50 - ST1	B.PUMP VIRTUAL 21:00 - 21:50 - ST1	B. COMBAT VIRTUAL 21:00 - 21:50 - ST1			