

HORA / DÍA	LUNES	MARTES	MIÉRCOLES	JUEVES	VIERNES	SÁBADO	DOMINGO	SALA	
7:30 - 8:20	M FUSION		M FUSION					STUDIO 2	
8:00 - 8:50	PILATES		PILATES					STUDIO 4	
	AQUAGYM	AQUAGYM		AQUAGYM				PISCINA	
8:30-9:20	BODY PUMP		BODY BALANCE		BODY BALANCE			STUDIO 1	
	M FUSION		M FUSION					STUDIO 2	
9:30-10:20	BODY BALANCE		BODY BALANCE		BODY PUMP		BODY BALANCE		STUDIO 1
	M FUSION		CHI KUNG		CHI KUNG			STUDIO 4	
10:30 - 11:20	STEP ATLÉTICO	BODY PUMP	BODY COMBAT	STEP ATLÉTICO	AEROBIC			STUDIO 1	
	M FUSION		M FUSION		M FUSION			STUDIO 2	
	BAILES DE SALÓN		BAILES DE SALÓN		BAILES DE SALÓN			STUDIO 3	
	YOGA	PILATES	YOGA	PILATES	YOGA			STUDIO 4	
	AQUAGYM	AQUAGYM	AQUAGYM	AQUAGYM	AQUAGYM			PISCINA	
11:30 - 12:20	BODY COMBAT	GAP / ESTIRAM.	BODY PUMP	ABD / ESTIRAM.	BODY COMBAT	BODY PUMP		STUDIO 1	
	M FUSION		M FUSION		M FUSION		M FUSION		STUDIO 2
	GIMNASIA SUAVE		GIMNASIA SUAVE		GIMNASIA SUAVE			STUDIO 3	
	PILATES INIC.		PILATES INIC.					STUDIO 4	
							AQUAGYM	PISCINA	
12:30 - 13:20	ABD / CORE (30')	BODY PUMP	BODY PUMP	ABD / CORE (30')	BODY PUMP	BODY PUMP		STUDIO 1	
	M FUSION		M FUSION		M FUSION			STUDIO 2	
								STUDIO 3	
	PILATES	YOGA	PILATES	YOGA				STUDIO 4	
	AQUAGYM	AQUAPILATES	AQUAGYM	AQUAPILATES	AQUAGYM	AQUAGYM		PISCINA	
13:30 - 14:20	BODY PUMP	BODY COMBAT	STEP	BODY PUMP				STUDIO 1	
	M FUSION		M FUSION		M FUSION			STUDIO 2	
								STUDIO 3	
15:00 - 15:50	BODY PUMP		BODY PUMP		BOOT CAMP			STUDIO 1	
	M FUSION		M FUSION					STUDIO 2	
18:00 - 18:50	POWER TRAINING		POWER TRAINING					STUDIO 1	
	M FUSION		M FUSION					STUDIO 2	
	DANZA ORIENTAL	BODY BALANCE	DANZA ORIENTAL	BODY BALANCE				STUDIO 3	
18:30 - 19:20	STEP		STEP					STUDIO 1	
	M FUSION		M FUSION		M FUSION			STUDIO 2	
	PILATES INICIACIÓN		PILATES INICIACIÓN					STUDIO 4	
19:00 - 19:50	BODY PUMP		BODY PUMP					STUDIO 1	
	M FUSION		M FUSION					STUDIO 2	
	AERODANCE	GAP (30')	AERODANCE	ABD / CORE (30')				STUDIO 3	
	PILATES		PILATES					STUDIO 4	
	AQUAGYM	AQUAGYM	AQUAGYM	AQUAGYM	AQUAGYM			PISCINA	
19:30 - 20:20	BODY PUMP		BODY PUMP					STUDIO 1	
	M FUSION		M FUSION		M FUSION			STUDIO 2	
	BAILES DE SALÓN		BAILES DE SALÓN					STUDIO 3	
	YOGA	YOGA		YOGA				STUDIO 4	
20:00 - 20:50	BODY COMBAT		BODY COMBAT					STUDIO 1	
	M FUSION		M FUSION					STUDIO 2	
	ABD / CORE (30')		ABD / CORE (30')		ABD / CORE (30')			STUDIO 3	
	PILATES		PILATES					STUDIO 4	
	BODY PUMP	BODY PUMP		BODY PUMP				STUDIO 1	
20:30 - 21:20	M FUSION		M FUSION					STUDIO 2	
	KARATE**	ABD / CORE (30')	KARATE**	GAP (30')	KARATE**			STUDIO 3	
	PILATES		PILATES					STUDIO 4	
	CLUB CORREDOR		CLUB CORREDOR		CLUB CORREDOR			FITNESS	
	AQUAGYM		AQUAGYM		AQUAGYM			PISCINA	
21:00 - 21:30	STRETCHING (30')		STRETCHING (30')					STUDIO 3	
21:30 - 22:20	BODY PUMP		BODY PUMP					STUDIO 1	
	M FUSION		CICLOATOMIX*		CICLOATOMIX*			STUDIO 2	